



MÉXICO MEAL PLAN

Meal Plan Details

- \$28/person/day
- Three meals/day*
- 15 person minimum
- Prepared by local, Mexican workers
- Includes: water, ice, trash bags, coolers, utensils, plates, napkins, toilet paper, cleaning supplies, etc
- Reusable water bottle and snacks not included

Sample Menu

- Breakfast: cereal, fruit, pancakes, eggs, burritos, coffee, juice, milk (delivered to your accommodations)
- Lunch: sandwiches, fruit, snacks, chips, water, Gatorade (delivered to the work site on the first day; delivered to the church along with breakfast each subsequent day)
- Dinner: hot meal (delivered to the church)
 - Examples: tacos, meatloaf, grilled chicken, pork & bean soup...

Benefits

- Help provide jobs for local workers.
- Avoid having to buy groceries, plan meals, cook, and clean up.
- Allows more time to focus on the build and the experience for your team.

Casas Will Provide

- Two igloo coolers
- One lunch cooler per work site
- A crate that will contain
 - Wipes (one package per work site)
 - Hand sanitizer (one per work site)
 - Trash bags
 - Three bottles of hand soap
- Toilet paper
- Paper towels

Please Return

- Soap dispensers
- CLEAN Igloo coolers
- CLEAN Lunch coolers
- Left over unused toilet paper
- Left over unused paper towels
- Any leftover unused items

We will do our best to accommodate any food allergies. We are NOT able to prepare vegan meals, but we can provide vegetarian alternatives. We are able to accommodate gluten intolerance, lactose intolerance, nut allergies, seafood allergies, etc. Please email scheduling@casasporcristo.org to inform us of your food allergies no later than 30 days prior to your trip.

**One day is 3 meals. If you begin your meal plan on Monday at lunch and end on Thursday at breakfast, that would be 3 days.*

915.778.0046

7201 NORTH LOOP DR EL PASO, TX 79915

casasporcristo.org